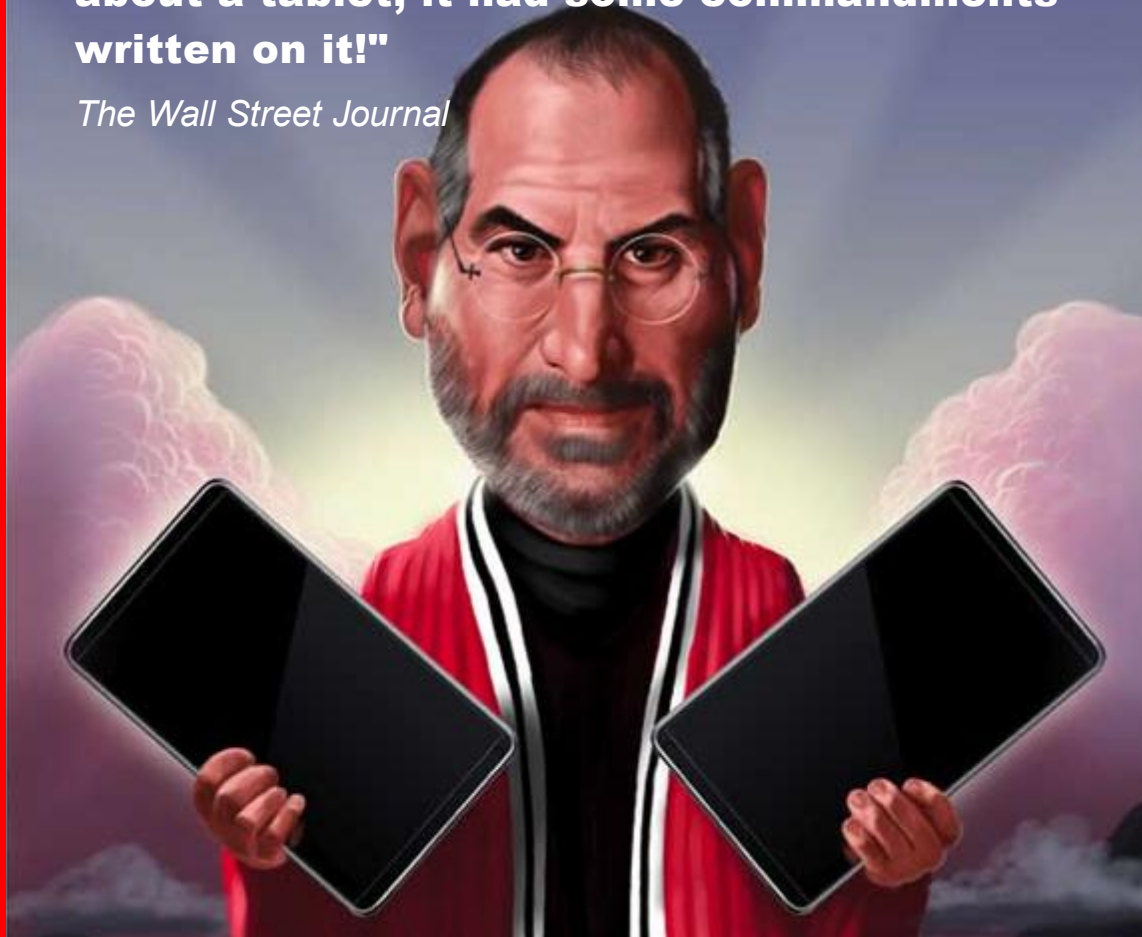


"Last time there was this much excitement about a tablet, it had some commandments written on it!"

The Wall Street Journal



... It's a whole new world.

But somehow, some things manage to withstand the test of time. And remain as important and as relevant as ever.

Join Rabbi Moshe Katz at the next 'Lunch, Learn & Mitzvah' for a fascinating and in-depth look at the "Ten Commandments" - and discover their relevance to the world of the Apple tablet.

And not only will you get a great class, you'll enjoy a great lunch that you can feel really good about at the same time. Because lunch is provided by the unique KJ Café and staffed by young adults of Keshet, which provides educational, recreational and vocational programs for Jewish children and young adults with special needs. So you'll not only enjoy a great 'Sandwich Club' meal, you'll help provide dignity to some very special kids!

Wednesday, February 1, 2012 ~ At the Northbrook JCC, 300 Revere Drive, Northbrook

Networking and lunch: 11:30 am; Class: 12 pm ~ Advanced paid registration: \$15; At the door: \$20

Registration: www.torahnetwork.org/register.htm ~ Info: info@torahnetwork.org or 773.761.0400 x207

Lunch, Learn and Mitzvah is dedicated by the Hartman Family Foundation in memory of Wilfred Lefkovich



Home for the
Wondering Jew.™



THE CHICAGO TORAH NETWORK SHABBAT FAX[©]

A WEEKLY PRESENTATION OF JEWISH THOUGHT PUBLISHED IN MEMORY OF RAE DANIEL

VOLUME 19, ISSUE 13 FRIDAY, JANUARY 20, 2012 / 25 TEVES 5772 CANDLE LIGHTING: 4:29 P.M. SHABBAT ENDS: 5:41 (CHICAGO)

Hang in there - Shabbos is coming!

TORAH PORTION: VO'AYRA (EXODUS 6:2 - 9:35)

This week's CTN Shabbat Fax is sponsored in memory of Samuel Allen Schwartz - Yeshayahu Asher ben Yoel Phishal z"l, on his 23rd Yahrzeit on the second of Shevat. Your love and teachings live on in your children and grandchildren and beyond. You are remembered, missed and loved.

1. I am G-d. I will take you out from ... Egypt and free you from their slavery ... I will take you to Myself as a nation and I will be to you as a G -d. (6:6-7)

The Exodus. G-d took us out of Egypt. And made us free.

... But did that gift of freedom really last?

After all, for so much of our history we have not been free at all.

We had no land of our own. No control over our destiny. And we suffered tremendously.

So why did we always make such a big deal about the Exodus?

... The answer to this question is a very important lesson.

About what freedom really is.

... Because people can have everything – and still not be free.

If they don't understand that human beings are created in G-d's Image.

If they're not committed to a moral and ethical life.

Then they remain slaves to their desires.

And are not free at all.

... The freedom of the Exodus was not just from being slaves to Pharaoh.

It was the Torah we received at Mount Sinai.

The values. The mission.

And the sense of purpose in life.

Those are what made us truly free.

... And that is a freedom that we never lost.

▪ **Maryasha Garelik passed away a number of years ago at the age of 106.**

She lived through the entire 20th century.

Maryasha was described as "small in size - less than five feet tall - but a giant in stature."

Her father was killed in a pogrom in Czarist Russia when she was five. And her grandparents, with which she and her mother lived, were executed.

Years later, under Soviet rule, her husband and their small children were evicted from their apartment because he refused to work on Shabbat. Later, during Stalin's rule, he was killed by the Soviet secret police.

"She was a lone person who stood up to a regime that shot her husband in cold blood in a field. She was left with six children, ages one to fourteen. She persevered and raised them by herself, with ethical and moral integrity".

When authorities warned her against lighting Sabbath candles, she fled with her children...

After the war, she moved to Paris, where she established a Jewish girl's school that still exists.

She came to America in 1953 and helped start an organization that visited the sick...

While still in the Soviet Union, someone tried to persuade her to send her children to a Communist public school.

Her response?

Stalin will be torn down before my children are indoctrinated that way"!

(From Ha'aretz Newspaper)

... Isn't it amazing?

How someone can be on the run from Stalin ... and still be free!

FEB. 16 - SPECIAL EVENING OF INSPIRATION AND SPIRITUAL GROWTH FOR WOMEN



Learn how to make prayer work – or work better – for you. To make it a positive, exciting, and rewarding part of your life. And discover the unique power of individual prayer, using your own words ... the way it was done in Biblical times.

A special CTN learning opportunity for women, with Jerusalem's

Rabbi Menachem Nissel

Thursday, February 16, 8 pm, at The CTN Center, 2832 W. Touhy

Suggested donation: \$10. Students: \$5. ~ info@torahnetwork.org

Rabbi Menachem Nissel is the author of 'Rigshei Lev - Women and Tefillah: Perspectives, Laws and Customs' (Targum Press), and a very popular lecturer at various Yeshivas and seminaries in Jerusalem. Rabbi Nissel's unique combination of Torah scholarship and outstanding outreach talent has allowed him to play a leadership role in training outreach professionals, through the Ner L'Elef Teachers Training Program. He is also the Rabbinical Resource for NCSY, and is invited to speak in communities around the world, where he inspires audiences on a wide variety of topics. Don't miss this important presentation.



Shabbat Shalom and have a great week!

Rabbi Moshe Katz

Rabbi Doni Deutsch

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