

To:

Living Life to its Fullest #2

[More Powerful Tools for Getting Pleasure and Meaning Out of Life!](#)

Please note that this 'Part 2' is a completely self contained session, so whether or not you attended the first workshop, you should not miss this one!

Jewish tradition has amazing tools that will make a real difference in your life.

Guaranteed.

Short, simple things to say, think and do, that will help you appreciate and enjoy all of life's gifts. And will help bring real spirituality into your busy life.

In just seconds a day.

... Little things. That will make a big difference.

Learn them at this unique seminar.

"One of the best evenings I have had for a long time. I could not go to sleep when I got home; I was very deep in thought about your words of wisdom ..."

Lydia Kamerlink, Attorney at Law, Kamerlink, Stark, McCormack & Powers LLC

"I thoroughly enjoyed your program. The lessons you shared helped me focus hard on living life to its fullest ... I am learning something about myself and life every day. Thank you!"

Bob Mednick, Member, Advisory Council to the U.S. Comptroller General

"I had a great time at the discussion ... it will definitely help improve my life."

Jonathan Erlich, Medical Student, University of Chicago

Monday, July 18, 2011 - 7 pm

At The CTN Center, 2832 W. Touhy, Chicago

Followed by refreshments, drinks & schmoozing

\$10 including workbook. Advance registration required

info@torahnetwork.org or 773.761.0400 x208

Registration: www.torahnetwork.org/htm/register.htm



"The Jewish Literacy Course was fascinating, educational, and uplifting. Rabbi Katz is a gifted teacher with a knack for using metaphor and humor to make his lessons both enjoyable and memorable. My wife and I looked forward to each session and discussed what we learned for days if not weeks afterwards. I couldn't recommend the class more strongly. It's a class that every Jew - both he who is deeply familiar with his Jewishness and he who has just begun learning - can benefit from immensely."

(Oren Dekalo, CTN Participant)

THE CHICAGO TORAH NETWORK SHABBAT FAX[©]

A WEEKLY PRESENTATION OF JEWISH THOUGHT PUBLISHED IN MEMORY OF RAE DANIEL

VOLUME 18, ISSUE 35 FRIDAY, JULY 1, 2011 / 29 SIVAN 5771 CANDLE LIGHTING: 8:09 P.M. SHABBAT ENDS: 9:19 (CHICAGO)

Hang in there - Shabbos is coming!

TORAH PORTION: CHUKKAS (NUMBERS 19:1 - 22:1)

This week's CTN Shabbat Fax is sponsored by Marc and Debbi Geller, in loving memory of our *Bubbie*, Chana bas Yaakov Meir z"l, Mrs. Jenny Geller, on the occasion of her upcoming *yahrzeit*.

1. And Aaron died ... the entire Jewish nation mourned ... for thirty days ... (20:29)

Aaron. The High Priest.

The 'holy man' of the Jewish People.

But Jewish tradition stresses something else about Aaron.

And teaches us something very important about holiness.

... That Aaron was a peacemaker.

Not on a global scale. Between nations.

... But between people.

When people had a fight, he would get involved. To try to help them work it out.

There's no question that it took up a lot of his time.

And got him involved in people's petty issues.

But he did it.

Because he loved people. And cared about them.

... It's a very Jewish message.

About being sensitive. And caring.

We call it being good.

The Torah calls it something else.

Holiness.

Why?

... Because helping others is what G-d does.

And there is nothing more holy than emulating G-d.

▪ *The Talmud tells us something very interesting about Aaron:*

"What did Aaron do to make peace between two people?

He would go over to one party and say: 'You know, your friend really feels bad about what he said.

He really wants to remain your friend. To apologize.

But he's ashamed, and doesn't have the courage to come over to you.

Next time you see him, try to give him an opening.

I think he'll apologize.'

Then Aaron would go over to the other guy. And tell him the exact same thing.

And the next time they met it worked out."

It sounds like Aaron told a 'white lie'. For the sake of peace.

... Which Jewish tradition says is permitted.

But there's really much more to it.

Because very often people regret making hurtful remarks in the heat of a dispute.

They're just too proud to apologize. They need a way to save face.

... *Aaron understood people well.*

And what he said may not have been a lie after all.

... Unfortunately, there aren't too many Aarons around today.

So we have to be our own "Aaron".

We should assume that the other person feels bad. And stretch out the olive branch.

... We'll be glad we did.

(Based on [It's Not As Tough As You Think](#) by Rabbi Abraham Twerski, M.D.)

STORY OF THE WEEK

Rabbi Shlomo Freifeld was a great Torah scholar and a master teacher. One of his big themes was to never become complacent. But to always look to grow. To improve ourselves in our relationship with G-d and with our fellow man.

... *Rabbi Freifeld often visited an elderly woman who was over a hundred years old.*

Once he noticed that she "wasn't herself". And he asked if everything was alright.

She explained, "Barbara has been my nurse for many years. She's been wonderful.

The other day, she must have been tired and while giving me a shot, accidentally pricked me. And in my pain, I shouted at her.

I feel terrible! She has been so devoted. And I yelled at her for one mistake?

I apologized a few times. But it still bothers me".

... *Rabbi Freifeld told his students the story, and followed up with a question.*

"Who is old and who is young?

You, who are in your 20's, but think you're not capable of changing?

Or this woman who is over a hundred years old, but still trying?

... *I hope to be as young as her"!*



Shabbat Shalom and have a wonderful week.

Rabbi Moshe Katz

Rabbi Doni Deutsch

Chicago Torah Network <http://torahnetwork.org>

2832 West Touhy Avenue, Chicago, IL 60645

Phone: 773.761.0400 Fax: 773.761.9262 e-mail: info@torahnetwork.org